

Blanket and Down

Go to blanket – for eventual use when company comes to the door. Start with the blanket exercise and creating a relaxed Pup. The blanket can become a target for times when company arrives. Also a good place for your Pup to keep busy with a knucklebone, Kong stuffed with treats, or some type of chewing exercise.



“Go Blanket” - Means go to your blanket and lay down. Through out the day periodically direct Pup to “go blanket” – have Pup down on the blanket, then treat and praise her with “good blanket”. This will help you use the blanket as a “target” for when the doorbell rings or time for resting to give a few examples. Also a great time to work on stay as well, make this a high priority treat area (such as a knuckle bone, stuffed Kong, or bully stick – for blanket use only) to give her something to focus on while she is there.

Down

Starting in a sit position lure Pup with “magnet” treat into a down. With treat at nose move the treat (slowly) towards the floor staying as close to Pups body as possible so that her head moves with the treat. Once Pup is down “Yes”/Treat! IMPORTANT don’t use the word “down” until Pup is actually in the down position.

An **alternative** down technique is to sit on the ground with a leg bent up in a tent like position. Use the lure to draw Pups head down and under your leg. *See pictures below as demonstrated by Dr. Ian Dunbar.*

